



# Workshop Outline

## REIKI LEVEL ONE

### WHAT IS IT ABOUT?

Usui Reiki is a safe, gentle, powerful healing modality that is easy to learn, and accessible to use. This one-day course will equip you with the knowledge and confidence to use Reiki to heal yourself and family/friends. As part of the session you will be attuned to the Reiki energies.

### WHO WILL LOVE IT?

Anyone who is drawn to working with non-physical energies, and is drawn to healing and wellness modalities will benefit from being attuned to access Reiki healing energies. Level one may be all the training you need, but additional levels are available for all who are called to the Reiki path.

### WHAT WILL I GET OUT OF THIS SESSION?

During this session you will learn the basics of working with Reiki energy and will be attuned to Reiki Level one. After attending the session you will:

- Be attuned to Reiki Level One and have eternal access to the Reiki energies.
- Have the basic knowledge of how to use Reiki healing methods on yourself and friends/family.
- Be empowered to begin your Reiki healing journey!



Reiki

Book online: [wwwmagicalmavenmana.com](http://www.magicalmavenmana.com)



Magical Maven  
WORKSHOPS